



**October 20 - 26, 2014**

**TAKE US FOR A WALK**  
**(DE-)SYNCHRONIZING MOVEMENT**

**Uferstudios &**

**Tempelhofer Feld, Berlin**



# TAKE US FOR A WALK

## (DE-)SYNCHRONIZING

## MOVEMENT

Whether walking together or on our own, we are always synchronizing and desynchronizing: swinging limbs, adjusting muscle tone, heartbeat, breathing... Our bodies are defined by a multiplicity of rhythms, which permanently influence each other. If we look closer into the seemingly simple movement of walking, we discover a rich polychronicity and various forms of mutual attunement. In a five-days workshop, an open-air performance, and a two-days symposium, artists and scholars from different fields will explore the dynamics of walking in respect to rhythmical self-organization. Which are our techniques, our cultures, our ecologies, our politics of walking?

### WORKSHOP

#### **PART I: THE ART OF WALKING – WITH KATJA MÜNKER**

The Berlin-based Feldenkrais teacher and performance artist Katja Münker will make participants re-discover walking with the help of the Feldenkrais Method. In playful, explorative and contemplative approaches, walking will be deconstructed into its constituent physical, rhythmical and spatial aspects and then reorganized in order to achieve a more varied walking experience and technique.

Monday 20 + Tuesday 21 October, 10 am – 5 pm, Uferstudio 14

#### **PART II: ONE STEP AT A TIME – WITH HAMISH FULTON**

The British land art and concept artist Hamish Fulton who has achieved international fame as a 'walking artist' will host the second part of the workshop, where participants can become familiar with his practice. With a series of small indoor and outdoor walks, and exchange of thoughts on communicating through walking, different states of togetherness and separateness and different options to frame walks will be explored.

Wednesday 22 – Friday 24 October, 10 am – 5 pm (Friday 3pm), Uferstudio 14

### PERFORMANCE

#### **THE OBJECT CANNOT COMPETE WITH AN EXPERIENCE – SLOWALK PERFORMANCE**

Devised and led by Hamish Fulton, at Tempelhofer Feld, open to all.

"The walking participants are also the art observers." (Hamish Fulton)

Friday 24 October, start 4 pm (duration: ca. 1h), meeting point: main entrance Oderstraße / Herfurthstraße

TAKE US FOR A WALK is a collaboration between: DFG-Schwerpunktprogramm "Ästhetische Eigenzeiten" + Freie Universität Berlin, Institut für Theaterwissenschaft; Zentrum für Bewegungsforschung; Universität der Künste Berlin; Hochschulübergreifendes Zentrum Tanz Berlin; Tanzfabrik Berlin; Hochschule für Schauspielkunst "Ernst Busch".

### SYMPOSIUM

#### **SATURDAY, 25 OCTOBER**

10<sup>00</sup> Welcome and introduction (Gabriele Brandstetter + Kai van Eikels)

11<sup>00</sup> Daniela Hahn: *Leaving the Factory. Walking Under Working Conditions*

12<sup>00</sup> Ralph Fischer: *Walking Together / Walking Against. Poetics and Politics of Pedestrian Movements*

Lunch break

14<sup>30</sup> plan b (Sophia New + Daniel Belasco Rogers): *Taking a Walk for a Line*, presentation

15<sup>00</sup> Conversation between Hamish Fulton, Sophia New + Daniel Belasco Rogers

Coffee break

16<sup>30</sup> Martin Nachbar: *Walking Around the Theater. On Possibilities to Share (Kin)Aesthetic Experience in the City*, presentation and performance

17<sup>30</sup> Katja Münker: *Invitation to Walk. A collective choreography*, performance

18<sup>30</sup> Discussion

#### **SUNDAY, 26 OCTOBER**

entire day: *gehen exhibited*, installation by Katharina Greimel

10<sup>30</sup> Introduction: *'Synchronization' as a concept in science and arts*

11<sup>00</sup> Panel 1: *Democracy and Poetry – Synchronizing Lives* (Eva Axer)

Lunch break

14<sup>30</sup> Panel 2: *Synchronization and (Im)Balance* (Sabine Zubarik). *Gesture as Desynchronization* (Reinhold Göring)

16<sup>30</sup> Discussion (symposium ends ca. 5pm)

Uferstudio 14, Uferstudios Berlin, Uferstraße 8 / 23, Berlin-Wedding. <http://www.uferstudios.com>  
Public transport: U8 Pankstraße, U9 Nauener Platz, S-Bahn Gesundbrunnen

**Please register for the workshop until 6 October.**

Registration and further information: Katja Münker, [takeusforawalk-workshop@tanzfabrik-berlin.de](mailto:takeusforawalk-workshop@tanzfabrik-berlin.de).

All events are open to the public and admission-free.

